

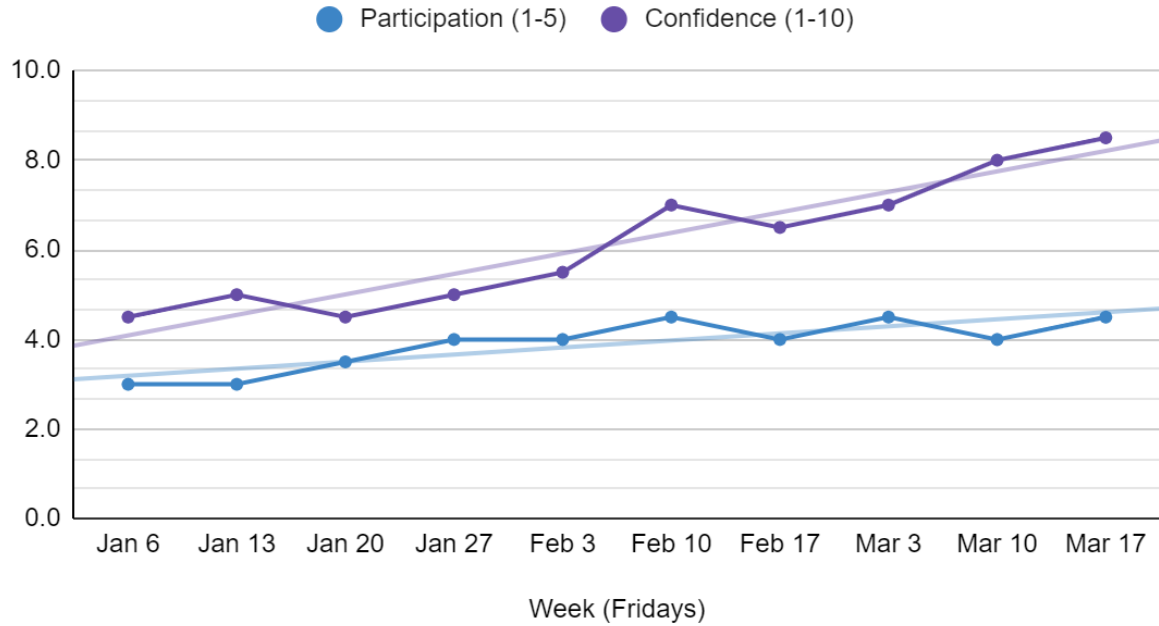
PPLP #1 Reflection

For my first Post-Placement Learning Plan (PPLP), I decided to focus on trying to become more confident and gather more classroom management strategies for calling back attention. In my first placement, my Associate Teacher noted that I should try to develop more confidence. I have noticed this in myself as well, I sometimes speak quickly or too quietly if I am nervous. I am pretty shy, but I know I need to try to overcome this to be a great teacher. The students in my first class were very well behaved for the most part, however there were times some students were getting distracted. With both of these goals, I know it will take more than nine weeks, but now is as good a time as any to get started.

Classroom management is very complicated, which is why we take several courses on it. The list of strategies I curated are primarily for when students have become distracted and lost focus. The goal of these strategies is to regain control and order in the classroom. The best practice, I have found, is preventative rather than reactive, however there are times when you must be reactive. The following is a link to the document I created, [Classroom Management for Lost Focus](#). I will be adding onto this document as I continue to learn more classroom management strategies. A large portion of them are specific ideas for attention grabbers, but there are also several other strategies which are more interactive.

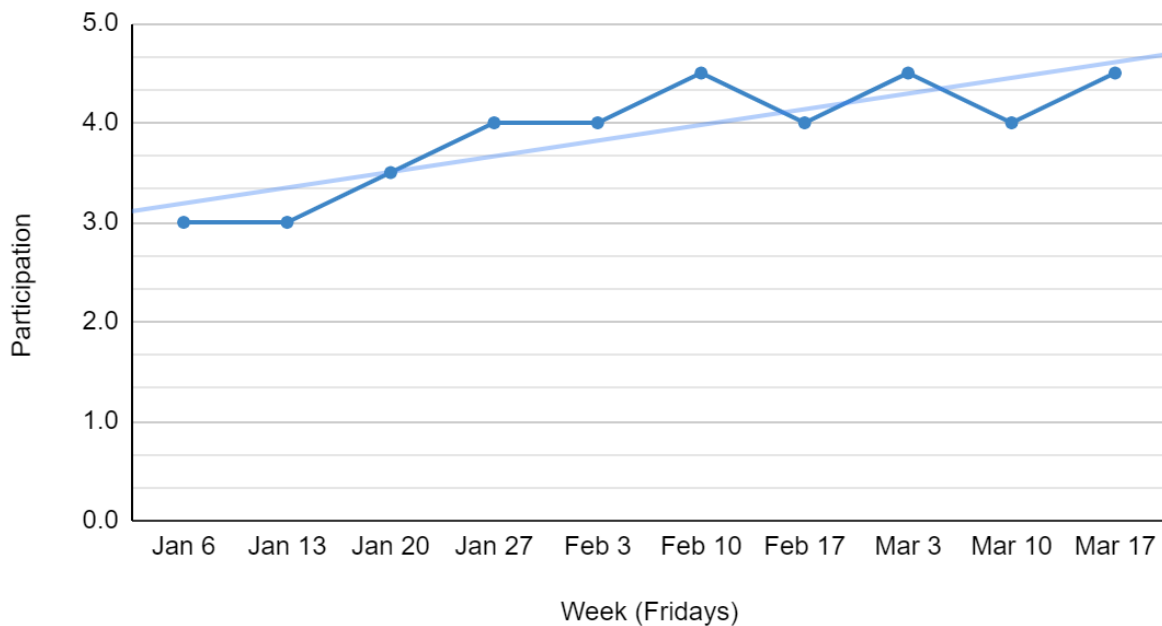
In order to build confidence, I decided to mainly look at inspirational videos (TED Talks) and read different articles and educational blogs. In doing this I aimed to create a list of strategies I can rely on if I am feeling especially un-confident. I am including the list of [Confidence Strategies](#) so that others may use what I found as well. I also pushed myself to try to be more confident during these nine weeks. Participating more in class was part of how I pushed myself. I kept track of my progress using Google Sheets. Each Friday I added how I felt that week in terms of how much I participated and how confident I felt. I used a scale from 1 (low) to 5 (high) for my participation and 1 (low) to 10 (high) for my confidence. I picked different scales because I felt a scale of 1-5 did not have enough numbers to track my confidence, but 1-10 was too many for participation. I created three graphs to represent the data I collected. The first shows both participation and confidence on the same graph. The next two have them split up due to the different scales, I did not want to misrepresent the data.

Weekly Class Participation and Confidence from Jan 6 - Mar 17



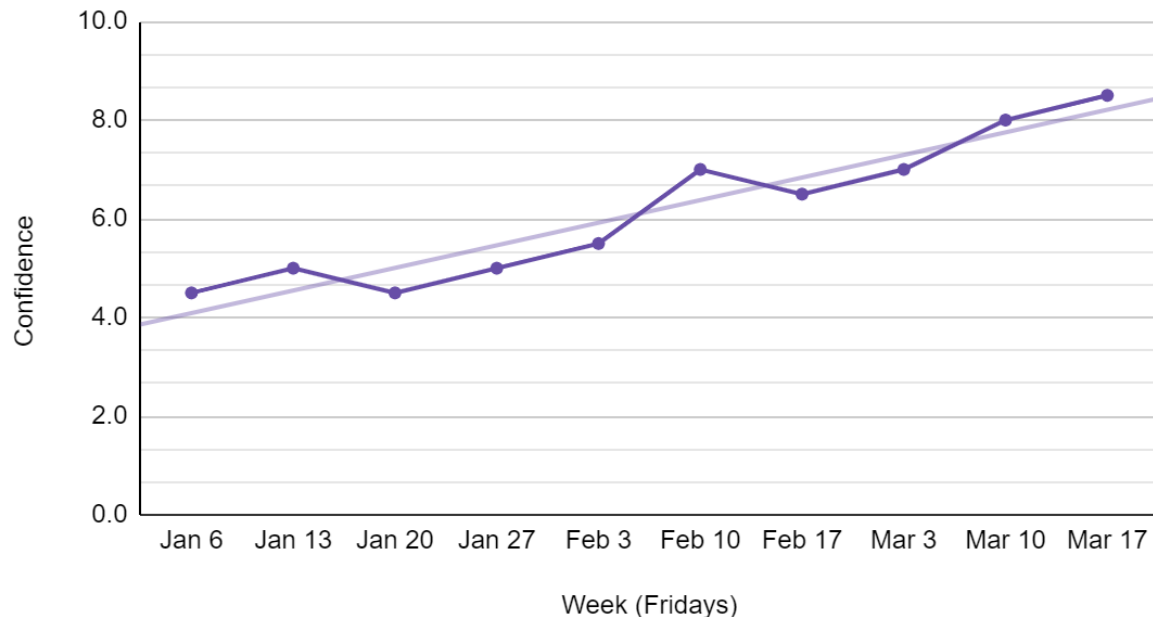
Weekly Class Participation and Confidence from Jan 6 - Mar 17 (Maija Merriam, 2023).

Weekly Class Participation from Jan 6 - Mar 17



Weekly Class Participation from Jan 6 - Mar 17 (Maija Merriam, 2023).

Weekly Confidence from Jan 6 - Mar 17



Weekly Confidence from Jan 6 - Mar 17 (Maija Merriam, 2023).

In conclusion, throughout my first PPLP, I have pushed myself to step out of my comfort zone to develop my confidence, and I have researched classroom management strategies to help in my future classes. I definitely noticed myself going farther out of my comfort zone than I would have before. While there was a general upward trend of building my confidence and increasing participation, there were certain weeks where it dropped. This is something which will continue as I keep growing, but it is simply part of the process. I am very proud of my progress this semester, although I wish I had done even more research. However, this is something I can continue to do as I learn and grow as an educator.